



Henneseer Panorama Lauf  
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Engelhard, Sven

Club: POST SV GT  
Number: 559

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:57:03

Speed: 8.71 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 81 (of 82)

Rank in course/Men: 65 (of 66)

Best time in course: 1:05:47

Rank in category: 10(of 10)

Best time in the category: 1:10:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	36:36	7:02	10	13:54	64	15:28	5.20	36:36	7:02	10	13:54	32	6:55
10,0 km	4.80	31:10	6:29	10	12:19	64	13:26	10.00	1:07:46	6:46	10	26:13	32	13:05
Finish	7.50	49:17	6:34	10	20:40	63	22:22	17.50	1:57:03	6:41	10	46:53	65	51:16