



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Engelhard, Sven

Club: POST SV GT
Number: 559

Course: 17.50 km
Panorama Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:57:03

Speed: 8.71 km/h
Running performance: 6:41 min/km

Rank in course/Total: 81 (of 82)

Rank in course/Men: 65 (of 66)

Best time in course: 1:05:47

Rank in category: 10(of 10)

Best time in the category: 1:10:10

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 5,2 km | 5.20 | 36:36 | 7:02 | 10 | 13:54 | 64 | 15:28 | 5.20 | 36:36 | 7:02 | 10 | 13:54 | 32 | 6:55 |
| 10,0 km | 4.80 | 31:10 | 6:29 | 10 | 12:19 | 64 | 13:26 | 10.00 | 1:07:46 | 6:46 | 10 | 26:13 | 32 | 13:05 |
| Finish | 7.50 | 49:17 | 6:34 | 10 | 20:40 | 63 | 22:22 | 17.50 | 1:57:03 | 6:41 | 10 | 46:53 | 65 | 51:16 |