



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Teutenberg, Wolfgang

Club: LT-Olsberg
Number: 667

Course: 10.00 km
10.000 m Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 41:34

Speed: 14.43 km/h
Running performance: 4:10 min/km

Rank in course/Total: 3 (of 30)

Rank in course/Men: 2 (of 22)

Best time in course: 33:34

Rank in category: 1(of 2)

Best time in the category: 41:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	5.00	20:40	4:08	1	-	2	4:03	5.00	20:40	4:08	1	-	22	
Finish	5.00	20:54	4:10	1	-	2	3:57	10.00	41:34	4:09	1	-	2	8:00