



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Teutenberg, Wolfgang

Club: LT-Olsberg
Number: 667

Course: 10.00 km
10.000 m Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 41:34

Speed: 14.43 km/h
Running performance: 4:10 min/km

Rank in course/Total: 3 (of 30)

Rank in course/Men: 2 (of 22)

Best time in course: 33:34

Rank in category: 1(of 2)

Best time in the category: 41:34

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Wendestelle | 5.00 | 20:40 | 4:08 | 1 | - | 2 | 4:03 | 5.00 | 20:40 | 4:08 | 1 | - | 22 | |
| Finish | 5.00 | 20:54 | 4:10 | 1 | - | 2 | 3:57 | 10.00 | 41:34 | 4:09 | 1 | - | 2 | 8:00 |