



Henneseer Panorama Lauf  
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Schulte, Markus

Club: Marathon Soest  
Number: 682

Course: 10.00 km  
10.000 m Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 48:25

Speed: 12.39 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 8 (of 30)

Rank in course/Men: 6 (of 22)

Best time in course: 33:34

Rank in category: 2(of 4)

Best time in the category: 44:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Wendestelle	5.00	24:15	4:50	2	2:22	5	7:38	5.00	24:15	4:50	2	2:22	18		
Finish	5.00	24:10	4:50	2	1:50	8	7:13	10.00	48:25	4:50	2	4:12	6	14:51	