



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Wandmacher, Dorothee

Club: TSV Bigge Olsberg
Number: 665

Course: 10.00 km
10.000 m Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 50:08

Speed: 11.97 km/h
Running performance: 5:01 min/km

Rank in course/Total: 14 (of 30)

Rank in course/Women: 3 (of 8)

Best time in course: 39:47

Rank in category: 1(of 2)

Best time in the category: 50:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	5.00	25:22	5:04	1	-	3	5:13	5.00	25:22	5:04	1	-	3	5:13
Finish	5.00	24:46	4:57	1	-	3	5:08	10.00	50:08	5:00	1	-	3	10:21