



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Przyborski, Torsten

Club: Castrop-Rauxel
Number: 660

Course: 10.00 km
10.000 m Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:56

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 27 (of 30)

Rank in course/Men: 22 (of 22)

Best time in course: 33:34

Rank in category: 4(of 4)

Best time in the category: 47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	5.00	27:22	5:28	4	2:55	21	10:45	5.00	27:22	5:28	4	2:55	2	2:18
Finish	5.00	29:34	5:54	4	6:08	22	12:37	10.00	56:56	5:41	4	9:03	22	23:22