



Henneseer Panorama Lauf
 Meschede - Henneseer / 15.04.2012

Detailed evaluation

Meuth, Angelika

Club: Team Erdinger Alkoholfrei
 Number: 679

Course: 10.00 km
 10.000 m Lauf

Category:
 Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:55

Speed: 9.69 km/h
 Running performance: 6:11 min/km

Rank in course/Total: 30 (of 30)

Rank in course/Women: 8 (of 8)

Best time in course: 39:47

Rank in category: 2(of 2)

Best time in the category: 54:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	5.00	30:47	6:09	2	3:57	8	10:38	5.00	30:47	6:09	2	3:57	8	10:38
Finish	5.00	31:08	6:13	2	3:22	8	11:30	10.00	1:01:55	6:11	2	7:19	8	22:08