



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Hagelschuer, Anka

Club: LAC Veltins Hochsauerland
Number: 854

Course: 5.00 km
Jogginglauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 23:30

Speed: 12.77 km/h
Running performance: 4:42 min/km

Rank in course/Total: 3 (of 22)
Rank in course/Women: 1 (of 14)
Best time in course: 23:30

Rank in category: 1(of 2)
Best time in the category: 23:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	2.50	11:42	4:40	1	-	1	-	2.50	11:42	4:40	1	-	1	-
Finish	2.50	11:48	4:43	1	-	1	-	5.00	23:30	4:42	1	-	1	-