



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Nolte, Katharina

Club: Eslohe
Number: 651

Course: 5.00 km
Jogginglauf

Category:
Frauen (20-29 Jahre)

Total time: 27:49

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 11 (of 22)

Rank in course/Women: 7 (of 14)

Best time in course: 23:30

Rank in category: 2(of 3)

Best time in the category: 25:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	2.50	13:58	5:35	2	0:09	5	2:16	2.50	13:58	5:35	2	0:09	5	2:16
Finish	2.50	13:51	5:32	2	1:51	5	2:03	5.00	27:49	5:33	2	2:00	7	4:19