



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Höring, Thomas

Club: GTV

Number: 860

Course: 5.00 km

Jogginglauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 28:37

Speed: 10.48 km/h

Running performance: 5:43 min/km

Rank in course/Total: 13 (of 22)

Rank in course/Men: 6 (of 8)

Best time in course: 18:17

Rank in category: 1(of 1)

Best time in the category: 28:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	2.50	14:07	5:38	1	-	6	5:10	2.50	14:07	5:38	1	-	6	5:10
Finish	2.50	14:30	5:47	1	-	5	5:10	5.00	28:37	5:43	1	-	6	10:20