



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Przyborski, Torsten

Club: Castrop-Rauxel
Number: 865

Course: 5.00 km
Jogginglauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 30:04

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 18 (of 22)

Rank in course/Men: 7 (of 8)

Best time in course: 18:17

Rank in category: 1(of 1)

Best time in the category: 30:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	2.50	15:03	6:01	1	-	7	6:06	2.50	15:03	6:01	1	-	7	6:06
Finish	2.50	15:01	6:00	1	-	7	5:41	5.00	30:04	6:00	1	-	7	11:47