



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

wiese, anita

Club: trifun henneseer
Number: 857

Course: 5.00 km
Jogginglauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 30:29

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 19 (of 22)
Rank in course/Women: 11 (of 14)
Best time in course: 23:30

Rank in category: 2(of 3)
Best time in the category: 27:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	2.50	14:28	5:47	1	-	9	2:46	2.50	14:28	5:47	1	-	9	2:46
Finish	2.50	16:01	6:24	1	-	9	4:13	5.00	30:29	6:05	2	2:54	11	6:59