



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Schlossarek, Anna

Club: winterberg
Number: 856

Course: 5.00 km
Jogginglauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 30:29

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 20 (of 22)
Rank in course/Women: 11 (of 14)
Best time in course: 23:30

Rank in category: 2(of 2)
Best time in the category: 29:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	2.50	14:27	5:46	1	-	8	2:45	2.50	14:27	5:46	2		10	2:45
Finish	2.50	16:02	6:24	2	1:17	10	4:14	5.00	30:29	6:05	2	1:15	11	6:59