



Hennesee Panorama Lauf  
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Hagelschuer, Robert

Club: TuS Echthausen  
Number: 528

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:17:38

Speed: 13.14 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 6 (of 82)

Rank in course/Men: 6 (of 66)

Best time in course: 1:05:47

Rank in category: 2(of 16)

Best time in the category: 1:14:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
5,2 km	5.20	25:02	4:48	2	0:03	5	3:54	5.20	25:02	4:48	2			39
10,0 km	4.80	21:02	4:22	2	1:07	8	3:18	10.00	46:04	4:36	2	0:59		39
Finish	7.50	31:34	4:12	3	2:07	10	4:39	17.50	1:17:38	4:26	2	3:06	6	11:51