



Henneseer Panorama Lauf

Meschede - Hennesee / 15.04.2012

Detailed evaluation

Pistofoglu, Salih

Club: Anadoluspor Ramsbeck
Number: 1580

Course: 17.50 km
Panorama Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:25:07

Speed: 11.98 km/h
Running performance: 4:52 min/km

Rank in course/Total: 20 (of 82)

Rank in course/Men: 20 (of 66)

Best time in course: 1:05:47

Rank in category: 2(of 4)

Best time in the category: 1:09:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	28:02	5:23	2	6:03	24	6:54	5.20	28:02	5:23	2	6:03	53	
10,0 km	4.80	23:41	4:56	2	4:52	25	5:57	10.00	51:43	5:10	2	10:55	53	
Finish	7.50	33:24	4:27	2	5:12	17	6:29	17.50	1:25:07	4:51	2	16:07	20	19:20