



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Wahl, Thomas

Club: Team Egger Brilow
Number: 575

Course: 17.50 km
Panorama Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:28:13

Speed: 11.56 km/h
Running performance: 5:02 min/km

Rank in course/Total: 29 (of 82)

Rank in course/Men: 29 (of 66)

Best time in course: 1:05:47

Rank in category: 6(of 10)

Best time in the category: 1:10:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	28:23	5:27	6	5:41	27	7:15	5.20	28:23	5:27	6	5:41	62	
10,0 km	4.80	23:33	4:54	5	4:42	22	5:49	10.00	51:56	5:11	6	10:23	62	
Finish	7.50	36:17	4:50	8	7:40	38	9:22	17.50	1:28:13	5:02	6	18:03	29	22:26