



3. Breitunger Run & bike

Breitungen / 15.04.2012

Detailed evaluation

Ostertag, Jörg

Club: Ruhlaer Sommerskiverein

Number: 892

Course: 5.99 km

Berglauf

Category:

Senioren M40

Total time: 29:04

Speed: 12.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 11 (of 92)

Rank in course/Men: 11 (of 74)

Best time in course: 26:44

Rank in category: 1(of 12)

Best time in the category: 29:04