



3. Breitunger Run & bike

Breitungen / 15.04.2012

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt

Number: 854

Course: 5.99 km

Berglauf

Category:

Seniorinnen W45

Total time: 43:53

Speed: 6.84 km/h

Running performance: 7:20 min/km

Rank in course/Total: 76 (of 92)

Rank in course/Women: 13 (of 18)

Best time in course: 29:11

Rank in category: 5(of 7)

Best time in the category: 31:24