



### 3. Breitunger Run & bike

Breitungen / 15.04.2012

#### Detailed evaluation

Ihling, Carmen

Club: TV Barchfeld

Number: 830

Course: 5.99 km

Berglauf

Category:

Seniorinnen W45

Total time: 44:07

Speed: 6.80 km/h

Running performance: 7:22 min/km

Rank in course/Total: 77 (of 92)

Rank in course/Women: 14 (of 18)

Best time in course: 29:11

Rank in category: 6(of 7)

Best time in the category: 31:24