



Fröbellauf 230  
Bad Liebenstein / 21.04.2012

## Detailed evaluation

**Wolf, Thorsten**

Club: WSV Trusetal  
Number: 617

Course: 7.90 km  
Lauf kurz

Category:  
Senioren M40

Total time: 43:11

Speed: 9.73 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 7 (of 20)

Rank in course/Men: 7 (of 11)

Best time in course: 28:56

Rank in category: 2(of 3)

Best time in the category: 35:30