



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Rosenau, Sylvia

Club: TSG Ruhla
Number: 606

Course: 7.90 km
Lauf kurz

Category:
Seniorinnen W45

Total time: 46:01

Speed: 9.13 km/h
Running performance: 5:49 min/km

Rank in course/Total: 11 (of 20)

Rank in course/Women: 3 (of 9)

Best time in course: 44:46

Rank in category: 1(of 2)

Best time in the category: 46:01