



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

LACKS, Wolfgang

Club: TV/DJK Hammelburg
Number: 620

Course: 7.90 km
Lauf kurz

Category:
Senioren M70

Total time: 47:46

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 14 (of 20)

Rank in course/Men: 10 (of 11)

Best time in course: 28:56

Rank in category: 1(of 1)

Best time in the category: 47:46