



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Rippel, Markus

Club: SV Normania Treffurt
Number: 244

Course: 15.80 km
Lauf lang

Category:
Senioren M30

Total time: 1:06:58

Speed: 14.16 km/h
Running performance: 4:14 min/km

Rank in course/Total: 2 (of 16)

Rank in course/Men: 2 (of 15)

Best time in course: 1:01:48

Rank in category: 2(of 2)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	7.90	32:53	4:09	2	1:09	2	1:09	7.90	32:53	4:09	2	1:09	2	1:09
Runde	7.90	34:05	4:18	2	4:01	2	4:01	15.80	1:06:58	4:14	2	5:10	2	5:10