



Fröbellauf 230  
Bad Liebenstein / 21.04.2012

Detailed evaluation

Greiner, Jens

Club: FSV 1950 Gotha e.V.  
Number: 249

Course: 15.80 km  
Lauf lang

Category:  
Senioren M50

Total time: 1:13:14

Speed: 12.29 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 6 (of 16)

Rank in course/Men: 6 (of 15)

Best time in course: 1:01:48

Rank in category: 1(of 3)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 7.90        | 35:41         | 4:31            | 1           | -              | 4           | 3:57          | 7.90          | 35:41         | 4:31            | 1           | -              | 6          | 3:57          |
| Runde   | 7.90        | 37:33         | 4:45            | 1           | -              | 6           | 7:29          | 15.80         | 1:13:14       | 4:38            | 1           | -              | 6          | 11:26         |