



Fröbellauf 230  
Bad Liebenstein / 21.04.2012

Detailed evaluation

Kitzing, Veit

Club: Laufftreff Breitungen  
Number: 248

Course: 15.80 km  
Lauf lang

Category:  
Senioren M45

Total time: 1:16:44

Speed: 11.73 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 9 (of 16)

Rank in course/Men: 9 (of 15)

Best time in course: 1:01:48

Rank in category: 3(of 4)

Best time in the category: 1:12:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	7.90	37:16	4:43	3	1:26	9	5:32	7.90	37:16	4:43	3	1:26	9	5:32
Runde	7.90	39:28	4:59	3	2:59	8	9:24	15.80	1:16:44	4:51	3	4:25	9	14:56