



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Kitzing, Veit

Club: Laufftreff Breitungen
Number: 248

Course: 15.80 km
Lauf lang

Category:
Senioren M45

Total time: 1:16:44

Speed: 12.35 km/h
Running performance: 4:52 min/km

Rank in course/Total: 9 (of 16)

Rank in course/Men: 9 (of 15)

Best time in course: 1:01:48

Rank in category: 3(of 4)

Best time in the category: 1:12:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	7.90	37:16	4:43	3	1:26	9	5:32	7.90	37:16	4:43	3	1:26	9	5:32
Runde	7.90	39:28	4:59	3	2:59	8	9:24	15.80	1:16:44	4:51	3	4:25	9	14:56