



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Obenhaus, Stefan

Club: Wartburg-Sparkasse
Number: 245

Course: 15.80 km
Lauf lang

Category:
Senioren M35

Total time: 1:17:11

Speed: 11.66 km/h
Running performance: 4:53 min/km

Rank in course/Total: 10 (of 16)

Rank in course/Men: 10 (of 15)

Best time in course: 1:01:48

Rank in category: 2(of 2)

Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	7.90	36:56	4:40	2	2:43	7	5:12	7.90	36:56	4:40	2	2:43	10	5:12
Runde	7.90	40:15	5:05	2	4:38	11	10:11	15.80	1:17:11	4:53	2	7:21	10	15:23