



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Ernst, Marcel

Club: Sonntagsläufer Tambach-Dietharz
Number: 230

Course: 15.80 km
Lauf lang

Category:
Männer

Total time: 1:20:02

Speed: 11.25 km/h
Running performance: 5:04 min/km

Rank in course/Total: 11 (of 16)

Rank in course/Men: 11 (of 15)

Best time in course: 1:01:48

Rank in category: 2(of 2)

Best time in the category: 1:15:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	7.90	40:17	5:05	2	2:27	11	8:33	7.90	40:17	5:05	2	2:27	11	8:33
Runde	7.90	39:45	5:01	2	1:59	10	9:41	15.80	1:20:02	5:03	2	4:26	11	18:14