



Fröbellauf 230
Bad Liebenstein / 21.04.2012

Detailed evaluation

Weihaar, Dirk

Club: SV Blau Weiss Creuzburg
Number: 237

Course: 15.80 km
Lauf lang

Category:
Senioren M40

Total time: 1:24:05

Speed: 10.70 km/h
Running performance: 5:19 min/km

Rank in course/Total: 15 (of 16)

Rank in course/Men: 15 (of 15)

Best time in course: 1:01:48

Rank in category: 2(of 2)

Best time in the category: 1:16:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	7.90	40:43	5:09	2	3:46	14	8:59	7.90	40:43	5:09	2	3:46	15	8:59
Runde	7.90	43:22	5:29	2	3:51	15	13:18	15.80	1:24:05	5:19	2	7:37	15	22:17