



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Blümel, Aaron

Club: SV 1899 Mühlhausen

Number: 207

Course: 5.00 km

sunways 5-km-Lauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 20:33

Speed: 14.60 km/h

Running performance: 04:07 min/km

Rank in course/Total: 10 (of 76)

Rank in course/Men: 8 (of 45)

Best time in course: 17:06

Rank in category: 1(of 6)

Best time in the category: 20:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 0.44 | 1:43 | 3:54 | 2 | 0:04 | 12 | 0:16 | 0.44 | 1:43 | 3:54 | 1 | - | 31 | |
| Lap 2 | 2.08 | 8:29 | 4:04 | 1 | - | 9 | 1:37 | 2.52 | 10:12 | 4:02 | 1 | - | 31 | |
| Lap 3 | 2.08 | 8:42 | 4:10 | 1 | - | 7 | 1:24 | 4.60 | 18:54 | 4:06 | 1 | - | 30 | |
| Last lap Finish | 0.41 | 1:39 | 4:01 | 2 | 0:04 | 7 | 0:15 | 5.00 | 20:33 | 4:06 | 1 | - | 8 | 3:27 |