



# 22. Arnstädter Citylauf

Arnstadt / 28.04.2012

## Detailed evaluation

### Schwabe, Tony

Club: Team Erdinger Alkoholfrei  
Number: 350

Course: 10.00 km  
Die Schwenninger 10-km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 51:07

Speed: 11.74 km/h  
Running performance: 05:07 min/km

Rank in course/Total: 47 (of 93)

Rank in course/Men: 46 (of 79)

Best time in course: 33:15

Rank in category: 17(of 22)

Best time in the category: 33:15

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	5:46	4:28	17	1:33	50	1:33	1.29	5:46	4:28	5	0:28	7	0:17
Lap 2	2.08	10:03	4:49	16	5:37	46	5:37	3.37	15:49	4:41	5	1:15	8	0:04
Lap 3	2.08	10:42	5:08	16	6:16	44	6:16	5.45	26:31	4:51	5	1:31	11	0:05
Lap 4	2.08	11:09	5:21	15	6:43	45	6:43	7.53	37:40	5:00	4	2:42	11	
Lap 5	2.08	11:24	5:28	14	11:24	47	11:24	9.61	49:04	5:06	14	22:22	11	
Last lap Finish	0.41	2:03	5:00	9	0:29	31	0:34	10.00	51:07	5:06	17	17:52	46	17:52