



# 22. Arnstädter Citylauf

Arnstadt / 28.04.2012

## Detailed evaluation

**Bloch, Patrick**

Club: Traktor Rehestädt

Number: 353

Course: 10.00 km

Die Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 54:30

Speed: 11.01 km/h

Running performance: 05:27 min/km

Rank in course/Total: 59 (of 93)

Rank in course/Men: 57 (of 79)

Best time in course: 33:15

Rank in category: 18(of 22)

Best time in the category: 33:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	5:56	4:35	18	1:43	53	1:43	1.29	5:56	4:35	4	0:38	32	0:27
Lap 2	2.08	10:28	5:01	17	6:02	54	6:02	3.37	16:24	4:51	4	1:50	33	0:39
Lap 3	2.08	11:09	5:21	17	6:43	54	6:43	5.45	27:33	5:03	4	2:33	22	1:07
Lap 4	2.08	11:48	5:40	16	7:22	54	7:22	7.53	39:21	5:13	3	4:23	22	1:16
Lap 5	2.08	12:41	6:05	15	12:41	56	12:41	9.61	52:02	5:24	15	25:20	21	1:06
Last lap Finish	0.41	2:28	6:00	15	0:54	53	0:59	10.00	54:30	5:27	18	21:15	57	21:15