



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Winter, Martin

Club: Wachsenburggemeinde
Number: 369

Course: 10.00 km
Die Schwenninger 10-km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Rank in course/Total: DNF (of 93)

Rank in course/Men: DNF (of 79)

Best time in course: 33:15

Rank in category: DNF(of 9)

Best time in the category: 41:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.29	6:03	4:41	7	1:16	57	1:50	1.29	6:03	4:41	9	1:07	21	0:34
Lap 2	2.08	10:55	5:14	7	2:48	60	6:29	3.37	16:58	5:02	9	3:34	21	1:13
Lap 3	2.08	12:16	5:53	7	3:39	59	7:50	5.45	29:14	5:21	8	7:12	32	2:48
Lap 4	2.08	13:18	6:23	7	4:31	60	8:52	7.53	42:32	5:38	8	11:43	32	4:27
Lap 5	2.08	13:51	6:39	7	4:58	60	13:51	9.61	56:23	5:52	8	16:41	31	5:27
Last lap Finish	0.41	fehlt!	-	-	-	-	-	10.00	-	-	-	-	-	-