



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Herbst, Pascal

Club: ASV Erfurt

Number: 1

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M12 (12 Jahre)

Total time: 12:48

Speed: 14.06 km/h

Running performance: 04:16 min/km

Rank in course/Total: 8 (of 78)

Rank in course/Men: 5 (of 46)

Best time in course: 11:37

Rank in category: 3(of 22)

Best time in the category: 11:37