



22. Arnstädter Citylauf  
Arnstadt / 28.04.2012

Detailed evaluation

Schreiber, Sophie

Club: Erfurter LAC

Number: 8

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 13:39

Speed: 13.19 km/h

Running performance: 04:33 min/km

Rank in course/Total: 15 (of 78)

Rank in course/Women: 6 (of 32)

Best time in course: 12:22

Rank in category: 4(of 12)

Best time in the category: 12:22