



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Rott, Franz

Club: Staatliches Gymn
Number: 109

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M12 (12 Jahre)

Total time: 13:51

Speed: 13.00 km/h
Running performance: 04:37 min/km

Rank in course/Total: 19 (of 78)

Rank in course/Men: 12 (of 46)

Best time in course: 11:37

Rank in category: 6(of 22)

Best time in the category: 11:37