



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Chemnitz, Benjamin

Club: Jesuborn
Number: 107

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 14:22

Speed: 12.53 km/h
Running performance: 04:47 min/km

Rank in course/Total: 25 (of 78)

Rank in course/Men: 18 (of 46)

Best time in course: 11:37

Rank in category: 6(of 18)

Best time in the category: 12:24