



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Stade, Maria

Club: Gym Klasse 6e

Number: 65

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 16:10

Speed: 11.13 km/h

Running performance: 05:23 min/km

Rank in course/Total: 34 (of 78)

Rank in course/Women: 12 (of 32)

Best time in course: 12:22

Rank in category: 6(of 14)

Best time in the category: 12:58