



22. Arnstädter Citylauf  
Arnstadt / 28.04.2012

Detailed evaluation

**Adler, Jacob**

Club: Gym Klasse 6c  
Number: 26

Course: 3.00 km  
McDonald`s 3-km-Lauf

Category:  
männliche Kinder M11 (11 Jahre)

Total time: 16:53

Speed: 10.66 km/h  
Running performance: 05:38 min/km

Rank in course/Total: 39 (of 78)

Rank in course/Men: 25 (of 46)

Best time in course: 11:37

Rank in category: 4(of 5)

Best time in the category: 12:19