



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Wengiel, Nicola

Club: Arnstadt
Number: 101

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 17:48

Speed: 10.11 km/h
Running performance: 05:56 min/km

Rank in course/Total: 42 (of 78)

Rank in course/Men: 28 (of 46)

Best time in course: 11:37

Rank in category: 8(of 18)

Best time in the category: 12:24