



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Dreßler, Lara

Club: Gym Klasse 6c

Number: 38

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 18:01

Speed: 9.99 km/h

Running performance: 06:01 min/km

Rank in course/Total: 47 (of 78)

Rank in course/Women: 18 (of 32)

Best time in course: 12:22

Rank in category: 8(of 14)

Best time in the category: 12:58