



22. Arnstädter Citylauf  
Arnstadt / 28.04.2012

Detailed evaluation

Lamprecht, Emily

Club: Gym Klasse 6c

Number: 42

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 18:04

Speed: 9.96 km/h

Running performance: 06:01 min/km

Rank in course/Total: 49 (of 78)

Rank in course/Women: 20 (of 32)

Best time in course: 12:22

Rank in category: 7(of 12)

Best time in the category: 12:22