



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Korn, Sascha

Club: TSV 1865 Langewiesen

Number: 216

Course: 5.00 km

sunways 5-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 24:28

Speed: 12.26 km/h

Running performance: 04:53 min/km

Rank in course/Total: 23 (of 76)

Rank in course/Men: 17 (of 45)

Best time in course: 17:06

Rank in category: 1(of 1)

Best time in the category: 24:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.44	1:59	4:30	1	-	19	0:32	0.44	1:59	4:30	1	-	37	
Lap 2	2.08	9:44	4:40	1	-	18	2:52	2.52	11:43	4:38	1	-	39	
Lap 3	2.08	10:44	5:09	1	-	18	3:26	4.60	22:27	4:52	1	-	38	
Last lap Finish	0.41	2:01	4:55	1	-	23	0:37	5.00	24:28	4:53	1	-	17	7:22