



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Hafmann, Milena

Club: Gym Klasse 5b

Number: 24

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 19:08

Speed: 9.41 km/h

Running performance: 06:23 min/km

Rank in course/Total: 53 (of 78)

Rank in course/Women: 23 (of 32)

Best time in course: 12:22

Rank in category: 10(of 14)

Best time in the category: 12:58