



22. Arnstädter Citylauf
Arnstadt / 28.04.2012

Detailed evaluation

Hesse, Robin

Club: Erfurter LAC

Number: 5

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 12:24

Speed: 14.52 km/h

Running performance: 04:08 min/km

Rank in course/Total: 5 (of 78)

Rank in course/Men: 4 (of 46)

Best time in course: 11:37

Rank in category: 1(of 18)

Best time in the category: 12:24