



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Möller, Tanja

Club: FSV BW 90 Stadtilm

Number: 154

Course: 5.00 km

sunways 5-km-Lauf

Category:

weibliche Jugend W15 (15 Jahre)

Total time: 27:58

Speed: 10.73 km/h

Running performance: 05:35 min/km

Rank in course/Total: 38 (of 76)

Rank in course/Women: 12 (of 31)

Best time in course: 19:17

Rank in category: 2(of 2)

Best time in the category: 24:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.44	2:26	5:31	2	0:41	19	0:54	0.44	2:26	5:31	2	0:41	20	0:17
Lap 2	2.08	10:50	5:12	2	1:33	12	3:01	2.52	13:16	5:15	2	2:14	16	
Lap 3	2.08	12:43	6:06	2	1:29	14	4:27	4.60	25:59	5:38	2	3:43	17	0:13
Last lap Finish	0.41	1:59	4:50	1	-	7	0:23	5.00	27:58	5:35	2	3:38	12	8:41