



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Mayer, Christopher

Club: Arnstadt
Number: 230

Course: 5.00 km
sunways 5-km-Lauf

Category:
männliche Jugend M14 (14 Jahre)

Total time: 29:30

Speed: 10.17 km/h
Running performance: 05:54 min/km

Rank in course/Total: 48 (of 76)

Rank in course/Men: 33 (of 45)

Best time in course: 17:06

Rank in category: 3(of 6)

Best time in the category: 20:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 0.44 | 2:05 | 4:44 | 3 | 0:26 | 25 | 0:38 | 0.44 | 2:05 | 4:44 | 3 | 0:22 | 10 | | |
| Lap 2 | 2.08 | 13:29 | 6:28 | 6 | 5:00 | 43 | 6:37 | 2.52 | 15:34 | 6:10 | 3 | 5:22 | 10 | 1:10 | |
| Lap 3 | 2.08 | fehlt! | - | - | - | - | - | 4.60 | - | - | - | - | - | - | - |
| Last lap Finish | 0.41 | 13:56 | 33:59 | 6 | 12:21 | 45 | 12:32 | 5.00 | 29:30 | 5:54 | 3 | 8:57 | 32 | 12:24 | |