



# 22. Arnstädter Citylauf

Arnstadt / 28.04.2012

## Detailed evaluation

**Hahm, Philip**

Club: Gym Klasse 7d  
Number: 155

Course: 5.00 km  
sunways 5-km-Lauf

Category:  
männliche Jugend M14 (14 Jahre)

Total time: 34:35

Speed: 8.67 km/h  
Running performance: 06:55 min/km

Rank in course/Total: 72 (of 76)

Rank in course/Men: 44 (of 45)

Best time in course: 17:06

Rank in category: 6(of 6)

Best time in the category: 20:33

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	0.44	2:15	5:06	4	0:36	29	0:48	0.44	2:15	5:06	5	0:32	13		
Lap 2	2.08	12:29	6:00	5	4:00	41	5:37	2.52	14:44	5:50	6	4:32	22	0:20	
Lap 3	2.08	17:51	8:34	4	9:09	43	10:33	4.60	32:35	7:05	4	13:41	20	5:35	
Last lap Finish	0.41	2:00	4:52	3	0:25	19	0:36	5.00	34:35	6:55	5	14:02	43	17:29	