



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Fabig, Frank

Club: TSV 1899 Heyda
Number: 356

Course: 10.00 km
Die Schwenninger 10-km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Rank in course/Total: DSQ (of 93)

Rank in course/Men: DSQ (of 79)

Best time in course: 33:15

Rank in category: DSQ(of 11)

Best time in the category: 41:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	5:33	4:18	2	0:29	36	1:20	1.29	5:33	4:18	1	-	2	0:04
Lap 2	2.08	9:19	4:28	2	0:56	28	4:53	3.37	14:52	4:24	1	-	56	
Lap 3	2.08	9:19	4:28	2	0:42	22	4:53	5.45	24:11	4:26	10	2:07	55	
Lap 4	2.08	9:19	4:28	2	0:31	16	4:53	7.53	33:30	4:26	10	2:38	65	
Lap 5	2.08	9:19	4:28	3	9:19	15	9:19	9.61	42:49	4:27	10	3:07	63	
Last lap Finish	0.41	fehlt!	-	-	-	-	-	10.00	-	-	-	-	-	-