



22. Arnstädter Citylauf

Arnstadt / 28.04.2012

Detailed evaluation

Bräutigam, Marcel

Club: LG Ohra Hörselgas
Number: 390

Course: 10.00 km
Die Schwenninger 10-km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 33:15

Speed: 18.05 km/h
Running performance: 03:19 min/km

Rank in course/Total: 1 (of 93)

Rank in course/Men: 1 (of 79)

Best time in course: 33:15

Rank in category: 1(of 22)

Best time in the category: 33:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	-	-	21		75		1.29	-	-	21		75	
Lap 2	2.08	-	-	21		76		3.37	-	-	20		75	
Lap 3	2.08	-	-	20		69		5.45	-	-	19		65	
Lap 4	2.08	-	-	19		68		7.53	-	-	18		65	
Lap 5	2.08	-	-	1	-	1	-	9.61	-	-	17		63	
Last lap Finish	0.41	33:15	81:05	19	31:41	63	31:46	10.00	33:15	3:19	1	-	1	-