



10. Nordic-Walking-Tag in Bad Berka

Bad Berka / 28.04.2012

Detailed evaluation

Marquardt, Christian

Club: LAC Rudolstadt

Number: 31

Course: 9.30 km

Adelsberg-Walk

Total time: 1:07:58

Speed: 7.95 km/h

metres in height up: 220

Course score: 12.30

performance score: 103 Points