



10. Nordic-Walking-Tag in Bad Berka

Bad Berka / 28.04.2012

Detailed evaluation

Laube, Sylvia

Club: Darnstedt

Number: 35

Course: 9.30 km

Adelsberg-Walk

Total time: 1:37:37

Speed: 5.53 km/h

metres in height up: 220

Course score: 12.30

performance score: 72 Points